

March 14, 2020

Specific Coronavirus information for incoming exchange & joint programme students

Dear incoming students

After receiving the e-mail yesterday about our University suspending regular face-to-face lessons and converting to online learning on Monday, I'd like to send you personal message to clarify certain topics related to your studies and the impact on your daily life.

Studies at FHGR

- Using online solutions, we aim to bridge the gap of temporary closure and enable you to finish your studies on schedule.
- We hope to be able to reassume face-to-face teaching as of 30 April.
- One of our International Office team members will be in the office in the mornings from 09:30-12:30 and via e-mail or telephone.
- Refer to our website for all communications:
<https://www.fhgr.ch/en/coronavirus/>

Scalära

- The residence will remain open and catering will continue to be offered.
- We will be in the residence as planned on Tuesday at 17:30 so we can answer your questions in person and give you more information.

Switzerland

- The main source of information is the Federal Office of Public Health's Website: <https://www.bag.admin.ch/bag/en/home/krankheiten/ausbrueche-epidemien-pandemien/aktuelle-ausbrueche-epidemien/novel-cov.html>
- Here you can read about the measures the Swiss Federal government has taken, ie. closure of schools and unis, events banned, border controls, etc.:
<https://www.bag.admin.ch/bag/en/home/krankheiten/ausbrueche-epidemien-pandemien/aktuelle-ausbrueche-epidemien/novel-cov/massnahmen-des-bundes.html>

Specific additional Information for the canton of Grisons

- Events 50+ people are banned
- Public are required to adhere to FOPH guidelines regarding hygiene and «social distancing»
- Libraries, cinemas, theatres, museums, sport centres, pools, discos, Skiing resorts are closed
- Restaurants are allowed to stay open if they adhere to government guidelines

What to do if you develop symptoms

- If the Coronavirus symptoms occur (cough, fever, difficulty breathing), a medical consultation must be made by telephone. You can call the Coronavirus hotline (24/7): +41 58 463 00 00 or call the doctors in Chur, or the emergency number at the hospital: +41 81 256 61 11
- Follow the FOPH's guidelines for self-isolation and self-quarantine: <https://www.bag.admin.ch/bag/en/home/krankheiten/ausbrueche-epidemien-pandemien/aktuelle-ausbrueche-epidemien/novel-cov/selbst-isolierung-und-selbst-quarantaene.html>
- Inform the crisis team at notfall@fhgr.ch or call Anne-Marie.
- Inform Scalära Manager Oliver Wirz

Travel restrictions and advice from FOPH

- We recommend to avoid non-urgent trips abroad and limit travel within Switzerland.
- Various regions in certain countries have been placed under quarantine. Travel to and from these areas is only allowed with a special permit, if at all. It is unclear how long these restrictions and measures will apply.
- Contact your embassy if you have any specific questions or requirements: <https://www.eda.admin.ch/eda/en/fdfa/representations-and-travel-advice/foreign-representations-in-switzerland.html>

I want to emphasize that the international office team is here to support you if you have any questions, concerns or need help with organizational matters. Nicole and I are in the crisis team, so in emergencies you can contact us via notfall@fhgr.ch or call 24/7: +41 79 565 17 14.

Best wishes

Anne-Marie Jäger-Stevenson
Head of International Office